



CFGAA presents  
Coach Traub's  
workshop on the  
ultimate challenge:



# PARENTING IN ATHLETICS: Releasing Your Child to the Team

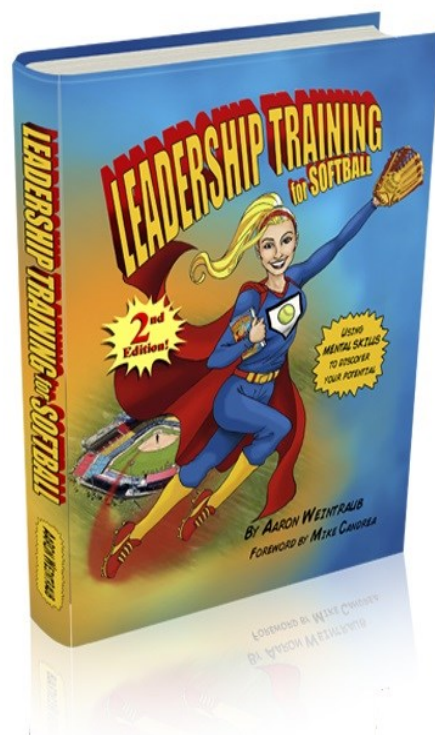
**YOU DON'T HAVE TO BE SICK TO GET BETTER!**

Parents are the biggest part of the CFGAA. Help us mold a positive culture that maximizes the development of potential in our girls. Please join us for a Workshop that includes:

- RESPONSIBILITIES DURING AND AFTER COMPETITION
- RED FLAGS FOR OVER-INVOLVEMENT
- IDEAS TO IMPRESS YOUR SPOUSE
- STRATEGIES FOR TEACHING LIFE LESSONS THROUGH SPORTS



**Location:**  
**VFW Hall**  
21902 Northwest Fwy. Cypress, 77429  
**Date and Time:**  
**Wed., Oct. 28, 2015**  
**7:00 p.m.**



*Coach Traub*  
Enjoy your job. Know your job. Do your job!

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 Follow @coachtraub

**Winning begins now!**

**THERE IS NO FEE TO ATTEND**

*B.E.=A.G.E.*  
*Best Effort is Always Good Enough*