

CAMP OPTIONS:

More specifics and register today at
www.CoachTraub.com/softball.html

We want to meet you and are excited by the chance to work with you at UTA's ALLAN SAXE softball field this summer. Get more information and register online or by phone.

Offensive Skills Camp (Ages 9-18)

Covers all aspects of hitting, bunting, and baserunning.

Defensive Skills Camp (Ages 9-18)

Covers all aspects of playing infield, outfield, or catcher.

College Showcase Camp (Ages 13-18)

Designed for the serious high school softball player who would like to bring their play up to the next level and get recruiting exposure.

Pitching/Catching Camp (Ages 9-18)

Fine tune your skills in either of the two most important positions on defense. Learn how Coach Hedrick led her pitching staff to 5 straight Southland Conference shutouts in 2010.

www.CoachTraub.com/softball.html

Phone: 214-264-4373

Ask about team rates!

If you are interested in private instruction:

Coach Kwasnick for hitting: kwasnick@uta.edu

Coach Perry for defense, hitting, or a team practice:
aperry13@uta.edu

Coach Traub for confidence training:
aaron@coachtraub.com



Coach Traub

- Author of *A Coach's Guide to Winning the Mental Game*
- Current Mental Skills Coach for UTA Softball, Texas Glory Gold, MJP, and many others
- Coached over 65 student-athletes who went on to play professional baseball
- Coached at three different college baseball programs that were nationally ranked in the top five
- Local and National Clinician.

Details and Registration at

www.CoachTraub.com/softball.html

Mental Skills Camps

Run by Coach Traub only

One day camps: Ages 14-18; Limit 20 campers
Wednesday, June 16 @ UTA: 10:00-2:30
Tuesday, June 29 in Austin: 10:00-2:30
Wednesday, June 30 in Houston: 10:00-2:30
Price: \$55 with 7-day advance or \$65 without it
Group Rate (3+ Teammates, must register early): \$45 ea

This mental skills camp is divided into DEFENSE from 10:00 - Noon and Hitting from 12:30-2:30. You may register for either or both. See www.CoachTraub.com/events for details.

This camp uses typical drills to identify mistakes and clarify solutions for 'winning' the mental side of the game. Get the details of how Olympic and professional athletes prepare themselves to consistently give their best effort on defense and in the batter's box. You, too, will have the toughness to relax and focus on the task-at-hand!

UTA Coaches
Debbie Hedrick
Angela Perry
& Vince Kwasnick
Present:

Coach Traub's
Elite 2010
Softball Camps
@ UTA



Ages 9-18
Maximum 50
campers per camp
100% Satisfaction
Guaranteed
or your money back!

Defensive Skills Camp

June 14th – June 15th*

Monday – Tuesday 9 am – Noon

Ages 9-18; *Limit 35 campers*

Price: \$65 before June 8, 2010 or \$75 after June 8

Group Rate (3+ teammates, must register early): *\$55 ea*

Offensive Skills Camp

June 14th – June 15th*

Monday – Tuesday 1:00 pm – 4:00 pm

Ages 9-18; *Limit 35; *Coach Hedrick may not attend this camp*

Price: \$65 before June 8 or \$75 after June 8, 2010

Group Rate (3+ teammates, must register early): *\$55 each*
BOTH CAMPS before 6/8: \$110 or after 6/8: **\$125**
BOTH CAMPS Group Rate (3+Teammates): *\$90 each*

Pitching/Catching Camp

June 21st – June 23rd

Monday – Wednesday 9 am – Noon

Ages 9-18; *Limit 50 campers*

Price: \$100 before June 14 or \$125 after June 14

Group Rate (3+ teammates, must register early): *\$80 each*

Offensive Skills Camp

June 21st – June 23rd

Monday – Wednesday 1:00 pm – 4:00 pm

Ages 9-18; *Limit 50 campers*

Price: \$100 before June 14 or \$125 after June 14

Group Rate (3+ teammates, must register early): *\$80 each*
BOTH CAMPS before 6/14: \$175 or after 6/14: **\$225**
BOTH CAMPS Group Rate (3+Teammates): *\$150 ea*

COLLEGE SHOWCASE/ Advanced Instructional Camp

July 6th – July 7th

Tuesday—Wednesday 9:00 am – 4:30 pm

Ages 14-18; *Limit 50 campers*

Price: \$150 before June 30 or \$180 after June 30, 2010

Group Rate (3+ teammates, must register early): *\$125 each*



UTA Head Coach Debbie Hedrick

Coach Hedrick will personally lead the instruction at camp, making sure that you approach your potential on the diamond. Did you know that she is a:

*Two-time Southland Conference Coach-of-the-Year

*Winner of over 320 Division I games

*Three-time All-American Pitcher

*Threw 36 CG shutouts in one season, still an NCAA record.

UTA Associate Head Coach Angela Perry

Coach Perry has coached at UTA for 11 years after playing and lettering for the Mavericks for four. She is currently the defensive coach and recruiting coordinator, and she serves as co-camp director with Coach Traub.



UTA Assistant Coach Vince Kwasnick

Coach Kwasnick has coached the hitters at UTA since 2007. Previously, he coached at the club level for 18 years.



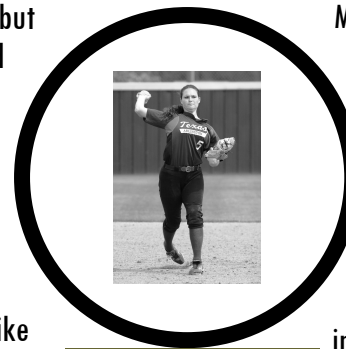
**DETAILS AND
REGISTRATION
ONLINE**

**Coach Traub's Softball Camps
Where CHAMPIONS train!**

Space is limited to 50 campers.
Register today!!!
www.CoachTraub.com/softball.html

***All camps include Coach Traub's Mental Skills Training
Under pressure, will you break down or break through?***

Do you perform well at certain times, but poorly at others? Do you work hard and have the capability, but still fail to consistently get the results you expect and deserve? Do you know exactly how to become a clutch performer? The answers to these questions exist not in your physical ability to execute a skill, but in your mental skills — like courage, attitude, and focus. To succeed, you need a plan that is guaranteed to work.



Is good balance emotional or physical? Or both?

Mental Skills Training teaches you how to perform up to your potential on a single pitch by clarifying exactly what you need to do to deliver your best effort.

Today's society teaches the physical skills of performance impressively well, but it's a sink-or-swim world when it comes to mental skills. If you have invested significant time or money into your performance, but have not maxed out your potential, then you cannot afford to skip out on training your brain!